

BERGEN NEW JERSEY County

EMPOWER HOUSE

OVERVIEW

- ◆ Empower House is designed for young women ages 16 – 22 who may benefit from extra support from both peers and role models. Participants have the opportunity to explore their interests, meet people, and enjoy new experiences in a safe, supportive, and caring environment.
- ◆ The goal of Empower House is to assist young women to achieve their full potential and master the skills needed for transition to adulthood. To achieve this goal, the program provides clinical support, including referrals to counseling services if needed.
- ◆ The hours of the program are from 12:00 PM to 8:00 PM, Tuesday through Thursday. Prosocial activities, a house meeting, and a family style meal are provided each evening.

- ◆ **COMPETENCE**
- ◆ **CONFIDENCE**
- ◆ **CONNECTION**
- ◆ **CHARACTER**
- ◆ **CARING**



PROGRAM INFORMATION

- ◆ Empower House participants may be self-referred or referred by youth-serving community agencies, organizations, or individuals.
- ◆ All program services are free for Bergen County female residents ages 16 – 22.
- ◆ Empower House is a voluntary program. Participants must commit to attend once a week, but are welcome to participate as many program days as they choose.
- ◆ To learn more about Empower House or to schedule an intake appointment, please call (201)336-6900 or (201)336-6915.

COUNTY OF BERGEN

Department of Human Services Division of Family Guidance

MISSION STATEMENT

Bergen County's Division of Family Guidance provides clinical, residential, educational, correctional, case management and monitoring services to at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

VISION

The Division of Family Guidance is Bergen County's resource for youth and families in need.

VALUES

- Collaborative, Creative, and Empirically Driven Programming
- Safe, Respectful, Dependable and Therapeutic Environments
- Developmentally Appropriate Expectations
- Empowerment through Opportunity
- Community Safety

Empower House

125 Essex Street
Hackensack NJ 07601

Phone: (201) 336-6900

Fax: (201) 646-2729

COUNTY OF BERGEN



James J. Tedesco III
County Executive

BOARD OF CHOSEN FREEHOLDERS

Germaine M. Ortiz
Chairwoman

Mary J. Amoroso
Vice Chairwoman

Dr. Joan M. Voss
Chair Pro Tempore

David L. Ganz
Thomas J. Sullivan
Steven A. Tanelli
Tracy S. Zur

DEPARTMENT OF HUMAN SERVICES

Michael V. Bellucci

Acting Director

DIVISION OF FAMILY GUIDANCE

BERGEN
NEW JERSEY *County*

Empower House

A Program for Young Women



County of Bergen
Department of Human Services
Division of Family Guidance

Empower House
125 Essex Street
Hackensack, NJ 07601

www.bergencountynj.gov/familyguidance

Phone: (201) 336-6900

Fax: (201) 646-2729