

Bergen County Executive  
**James J. Tedesco, III**  
and the

**Bergen County Board of Commissioners**

*Cordially invite you to the*  
**Department of Human Services, Division of Senior Services/ADRC**



# Caregivers Conference

*Do you provide care for a loved one or neighbor?  
Learn about services, support, and other helpful information.*

**Thursday, April 10, 2025**  
**5:00PM-9:00PM**

*\*Registration will begin at 4:30PM*

**Bergen County Administration Building**  
**Multi-Purpose Room - 1st Floor**

One Bergen County Plaza  
Hackensack, NJ 07601

## Featured Speakers & Presentations:

**Tess Tomasi**, *Information & Assistance Supervisor, Division of Senior Services*  
**“Introduction to Programs and Services for Seniors in Bergen County”**

**Anna Navatta Esq.**, *Northeast New Jersey Legal Services*  
**“Legal Considerations”**

**Kristine Allen**, *Act Now Foundation*  
**“Coping with Challenging Situations in Dementia Care”**

**Shavonda Sumter**, *CEO of Children’s Aid and Family Services*  
**“Avoiding Social Isolation”**



**TO RSVP, scan the QR code, [click here](#),  
call (201) 336-7400 or email [seniors@bergencountynj.gov](mailto:seniors@bergencountynj.gov)**

*This presentation is brought to you in partnership with the  
Division of Senior Services Advisory Council Education & Outreach Committee and  
Caregiver Coalition of Bergen County.*

**James J. Tedesco, III**  
*Bergen County Executive*

### **Board of County Commissioners**

Mary J. Amoroso, *Chairwoman* • Steven A. Tanelli, *Vice Chairman* • Dr. Joan M. Voss, *Chair Pro Tempore*  
Rafael Marte • Germaine M. Ortiz • Thomas J. Sullivan • Tracy Silna Zur